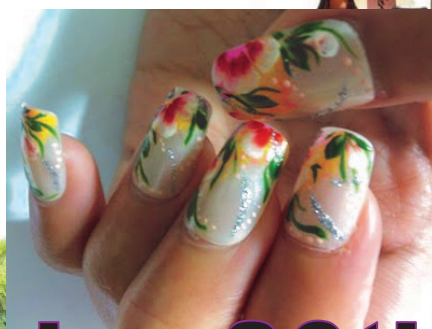
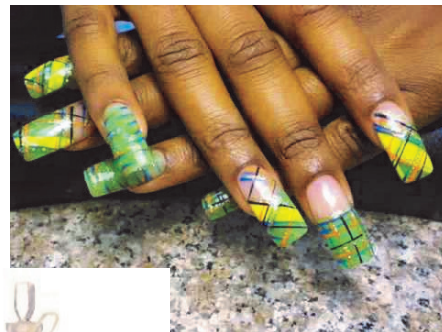


Summer programme



**Monday 26th July to
Friday 6th August**

**Looking forward to the
Summer holidays?**

**Want some 'Me and family
time?**

**Why don't you come along to
one of our FREE
summer workshops?**

**Wolverhampton Learning
Partnership are running a
variety of summer workshops
at a venue near you**

Week One

Heathfield Park

Day	Date	Time	Activity	Venue
Monday	26th July	9.30 -12.30	DIY For the Home	Park Village Media Centre
Monday	26th July	1.00 - 4.00	DIY For the Home	Park Village Media Centre
Tuesday	27th July	9.30 - 12.30	Aromatherapy First Aid in the Home	Heath Town CC
Tuesday	27th July	1.00 - 4.00	Family Arts and Craft	Heath Town CC
Wednesday	28th July	9.3-0 - 12.30	Body Art/ Henna	Heath Town CC
Wednesday	28th July	1.00 - 4.00	Nailart and Handcare	Heath Town CC
Thursday	29th July	9.30 - 12.30	Heathy Lifestyles	Heath Town CC
Thursday	29th July	1.00 - 12.30	Family Sports	Park Village Media
Friday	30th July	9.30 - 12.30	Family Activity - Sports, Fitness	Heath Town CC
Friday	30th July	1.00 - 4.00	Indian Head Massage	Heath Town CC

To book a place, call us on 01902 821929/
07825 053 341, or pop into Heathtown Community

Week One

Low Hill & Scotlands

Day	Date	Time	Activity	Venue
Monday	26th July	10.00 - 12.00	Nailart and Handcare	The Good Shepherd
Monday	26th July	1.00 - 3.00	Aromatherapy First Aid in the Home	The Good Shepherd
Tuesday	27th July	10.00 - 12.00	Working with Children (Family	The Good Shepherd
Tuesday	27th July	1.00 - 3.00	Exercise in the Home	The Good Shepherd
Thursday	28th July	10.00 - 12.00	CV Writing / Interview Skills	The Good Shepherd
Thursday	28th July	1.00 - 4.00	DIY for the Home	The Good Shepherd
Friday	30th July	10.00 - 12.00	Create Your Own Hanging Basket	The Good Shepherd

To book a place, call us on 01902 821929 /
07825 054 261

Week Two

East Park

Day	Date	Time	Activity	Venue
Monday	2 August	1.30 - 3.30	Family Activities with your child	Eastfield CC
Tuesday	3 August	10.00 - 1.00	DIY for the Home	Eastfield CC
Tuesday	3 August	1.30 - 3.30	Wanna to Healthy?	Eastfield CC
Wednesday	4 August	10.00 - 12.00	Aromatherapy First Aid in the Home	Eastfield CC
Wednesday	4 August	1.30 - 3.30	Lets Get Crafty	Eastfield CC
Thursday	5 August	10.00 - 12.00	Creative Designs on the computer	Eastfield CC
Thursday	5 August	1.30 - 3.30	Nailart and Hand-care	Eastfield CC

To book a place, call us on 01902 821929 or contact Debbie or Phylis at Eastfield Nursery on 01902 558331

Week Two

Wednesfield/ Fallings Park

Day	Date	Time	Activity	Venue
Monday	2 August	1.30 - 3.00	Emergency First Aid	Wednesfield Library
Tuesday	3 August	10.00 - 12.00	Healthy Life-	Children's Village
Tuesday	3 August	1.00 - 3.00	Lets Get Creative (with children involved)	Ashmore Park CC
Wednesday	4 August	10.00 - 12.00	Lets Get Crafty	Wednesfield
Thursday	5 August	10.00 - 12.00	Aromatherapy First Aid in the Home	Children's Village
Thursday	5 August	1.00 - 4.00	Flower Making and Crafts	Wednesfield Library

To book a place, call us on 01902 821929 /
07919 110 157

About the Workshops

Creative Crafts for Families

Using paper, glue and household items to create fun items for children

DIY for the Home

Learn techniques in tiling, painting and wallpapering

Create Your Own Hanging Basket

Designing, cutting and putting together your own basket, on a budget

Aromatherapy / First Aid in the Home

To give an insight into the uses and benefits of using Aromatherapy for minor conditions, ailments and in the home

Family Arts and Craft

How to keep your family occupied at home, creating pictures and toys for the kids

About the Workshops (cont'd)

Body Art / Henna

Introduction to Henna Tattoo and Design

Nail Art and Hand Care

Introduction course to nail art for beginners including polishing, shaping, manicures and painting. Hand moisturising and massaging.

Healthy Lifestyles

How to develop your interest in fitness and healthy living and how to improve your health, fitness and wellbeing.

Family Sports Day

Fun activities for the whole family, including football and more

Family Activity-Sports, Fitness and Health

How to have fun exercising as a family and the benefits of a healthy lifestyle.

About the Workshops (cont'd)

Indian Head Massage

Indian Head Massage is a relaxing treatment which concentrates on massaging the head. Head and scalp massage provides a simple and effective way to relax.

Working with Children (Family Activity)

How to keep your children occupied with different fun activities and boosting their knowledge. Memory skills and puzzles.

Exercise in the Home

How to create a mini circuit in your home.

CV Writing / Interview Skills

How to compile a successful c.v. and prepare for a job interview.

Family Activity with Your Child

Cutting, pasting, sticking, reading and outdoor activities to keep your children happy and active.

About the Workshops (cont'd)

Wanna be Healthy

Learn how to eat healthily and increase your energy and boost your lifestyle

Let's Get Crafty

Having fun designing and making different crafts

Creative Designs on the Computer

How to use different computer packages for creative designs

Emergency First Aid

Familiarise yourself with the basics of First Aid techniques

Flower Making and Crafts

How to arrange a bouquet and other arrangements using craft materials

Venues Venues

Heath Town Community Centre

208 Chervil Rise
Wolverhampton
WV10 0HP
01902 552 227

Park Village Media Centre

Park Lane
Wolverhampton
WV10 0RA
01902 552 240

The Good Shepherd

17 Goodyear Avenue
Low Hill
Wolverhampton
01902 731 713

Venues Venues

Eastfield Community Centre

Colliery Road
Wolverhampton
WV1 2QY
01902 558 300

Wednesfield Library

2 Well Lane
Wednesfield
Wolverhampton
WV11 1XT
01902 556 280

Children's Village

Graiseley Lane
Wolverhampton
West Midlands
WV11 1PE
01902 553 945